



Workshop: Mindful Mentoring

Mindful Mentoring is a relational model of mentorship that uses mindfulness to foster intentional and reflective mentoring practices and create peer communities. In this workshop -- for faculty, staff, and graduate students -- you will be guided in mindfulness and reflection to facilitate understanding of functional mentoring relationships and how to apply this knowledge in your individual context.

THURSDAY
MARCH 14
3.00 - 5.00 PM

CAVC 301
THE IDEA LAB
TEMPE CAMPUS



RSVP HERE



Dr. Jennifer Brown is an Associate Professor in the Chemical and Biological Engineering Department at Montana State University and certified mindfulness teacher through the Mindfulness Institute for Emerging Adults (MIEA). She developed and facilitates Mindful Mentoring mentorship training for graduate students, faculty and staff.